

Beyond Empathy A Therapy Of Contactin Relationships

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Beyond Empathy illuminates integrative psychotherapy, a theory and method of relational treatment, as useful for the seasoned practitioner as for the beginning therapist. A basic premise of the authors is that psychological health and growth rest upon the foundation of the quality of our relationships.

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Beyond Empathy offers therapists a methodology for assisting people in rediscovering their ability to maintain genuine, contactful relationships and thus, better psychological health. The authors describe an integrative psychotherapy approach that they have developed and now teach at the Institute for Integrative Psychotherapy in New York City.

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Beyond Empathy: A Therapy of Contact-in-relationship. Beyond Empathy. : Richard G. Erskine, Janet Moursund, Rebecca L. Trautmann. Psychology Press, 1999 - Psychology - 380 pages. 0 Reviews. "In this book, the authors

focus on the importance of relationship in psychotherapy. Relationships between people form the basis of our daily lives.

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Beyond Empathy A Therapy of Contact-In Relationship. by Richard G. Erskine, PH.D. Janet Moursund, Ph.D. Rebecca Trautmann, M.S.W. Relationships between people form the basis of our daily lives. We require this contact with others as well as the subsequent sense of respect and value it produces and the relational needs it fulfills.

Integrative Psychotherapy Books

This Beyond Empathy: A Therapy Of Contact-in Relationships, By Richard Erskine, Janet Moursund, Rebecca Trautmann is extremely proper for you as newbie visitor. The readers will always begin their reading habit with the preferred theme. They might not consider the author and author that produce guide.

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Written in a conversational style, Beyond Empathy introduces the theory behind the approach while using real life interchanges between therapists and clients to illustrate the concepts it presents. Details of the application of this method in therapy work and almost complete transcripts from seven therapy sessions are provided, offering examples of psychotherapeutic regression, work with a parental introject, couples psychotherapy, and more.

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At Beyond Empathy we are guided by our vision for a compassionate and resilient society in which creativity is at the forefront of driving change. Through the process of creating and sharing art, individuals and communities can be transformed for the better.

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Beyond empathy: a therapy of contact in relationship ...

Although the client-therapist relationship is central, Beyond Empathy: A Therapy of Contact-in-Relationship, by Erskine et al., presents a timely model of psychotherapy that is empirically sound and appeals to clinicians who are in search of a theoretical orientation or a therapeutic stance capable of accommodating the demands of a modern day psychotherapy practice.

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