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contained in this workbook is completely based on scientific research on the topic of self esteem references included it comes complete with a 3 month agenda mapping out what each session will consist of an example of the poster flier created initially for the authors own use of the program and a full set of self esteem 3 month transformational coaching program workbook posted on june 27th 2020 self esteem 3 month transformational coaching program workbook ebook locker msp nicole r ...

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