

York G201 Multi Gym Manual

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Manuals for York Fitness Multi-gyms

Page 1 Owner ' s Manual Perform Multigym Item #50038 30JULY2013 www.yorkfitness.com...; Page 2 Table of contents Congratulations on CONTENTS purchasing your exercise equipment from Safety information Customer support Assembly instructions User instructions You have chosen a high quality, safe and innovative piece of equipment as your Fitness guide training partner and we are certain it will ...

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The York Fitness G201 multigym is a superb mid-range gym featuring a massive weight stack that ensures you get 100kg (220.5lbs) maximum resistance on all workout stations. The sealed bearings in all the pulleys mean that you get an extremely smooth workout with no pulling or sticking.

York G201 Vertical Multigym - Sweatband.com

I did quite a bit research before opting for the York G201 - although not the cheapest gym on the market, based on our needs, it offered best combination of function, quality and price. It was delivered quickly and, the main structure of the gym, came in a large & heavy single box (the weights came in 5 separate boxes). I was a little anxious, based on previous reviews, that it might be tricky ...

York G201 Vertical Multigym (5 Boxes): Amazon.co.uk ...

Description The York G201 Vertical Multigym is packed with features, giving the beginner to intermediate user an extremely useful workout. Seated vertical Multi Gym. Exercise features: bench press, pec dec, leg extension, arm curl, low rowing, lat pull down/high pulley and seated row/low pulley.

York G201 Vertical Multigym - Manchester Ex-Display Model

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Split Upholstery - Small - G201 | York Fitness

York G201 Vertical Multigym The York G201 Vertical Multigym is a mid level multi-gym workout machine designed for beginners to intermediate and hardcore body builders to get extremely useful workout sessions with amazing results. It is very affordable for those who are canvassing different equipment, based on price.

York G201 Vertical Multigym | Fitness And Training

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